

SPECIAL MODULE LEAD-A-SHIP

Leadership is the ability to influence, inspire, and create a positive impact within a team or organization.



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INTRODUCTION



Leadership is the ability of an individual to influence. quide, and direct others or groups towards achieving specific goals. A leader plays a crucial role in inspiring, making strategic decisions, and ensuring that the team or organization is moving in the right direction. Effective leadership involves clear communication, a well-defined vision, and the capability to address challenges while fostering positive relationships with team members.

Leadership is not merely about position or authority but encompasses responsibility and influence. A good leader prioritizes the needs of others, develops the potential of team members, and creates an environment conducive to collaboration and innovation. Leadership also entails the ability to take risks, make difficult decisions, and continually adapt to change. Effective leadership produces long-term positive impacts on individuals, teams, and the organization as a whole.



- Ensuring that the team or organization achieves the established vision and goals.
- 2 Motivating and encouraging team members to maximize their potential.
- Creating a positive and harmonious work environment to enhance collaboration and productivity.
- Making accurate decisions in challenging situations and leading the team with clear direction.
- Creating a healthy, innovative work environment that supports the development of team members.

MODULE 1:

EMOTIONAL INTELLIGENCE (EI)

- Self-awareness: Recognizing one's own emotions and their effects on others.
- Self-regulation: The ability to control impulses and stay calm under pressure.
- **Empathy:** Understanding and considering the emotions of others.

MODULE 2:

DECISION-MAKING

- Analytical thinking: The ability to break down complex problems and analyze data.
- Risk-taking: Comfort with uncertainty and willingness to make bold decisions.
- Judgment: The ability to weigh options and make sound decisions.

MODULE 3:

INTERPERSONAL SKILLS

- Communication: Effectiveness in conveying messages clearly and persuasively.
- Listening skills: The ability to actively listen and understand others' perspectives.
- **Team-building**: Creating a sense of cohesion and trust within a group.

MODULE 4:

MOTIVATION AND DRIVE

- Goal orientation: Setting and striving to achieve challenging objectives.
- Resilience: The ability to persist in the face of setbacks.
- **Initiative**: Proactively taking action without waiting for direction.

MODULE 5:

VISION AND STRATEGIC THINKING

- Long-term planning: Developing and articulating a vision for the future.
- Innovation: Encouraging creative ideas and new approaches to challenges.
- **Trend analysis :** Recognizing patterns and forecasting future developments.

MODULE 6:

ADAPTABILITY AND FLEXIBILITY

- Openness to change: Willingness to embrace new methods and ideas.
- Learning agility: The ability to quickly learn and apply new skills or knowledge.
- Stress tolerance: Staying effective under pressure and adapting to evolving situations.

MODULE 7:

CONFLICT RESOLUTION

- Mediation skills: Helping parties reach a mutually agreeable solution.
- **Negotiation**: Effectively reaching compromises while maintaining relationships.
- Assertiveness: Balancing firmness with diplomacy in managing conflicts

MODULE 8:

ETHICS AND INTEGRITY

- Transparency: Being open and honest in communication and decision-making.
- Accountability: Taking responsibility for one's actions and their impact.
- Fairness: Treating others equitably and without bias.



To be an effective leader It must be capable of influencing others through strong communication, inspiring with a clear vision, and making a positive impact through effective actions. Success in leadership involves developing robust relationships providing ongoing support to team members and adapting to challenges and opportunities. Good leadership is about motivating, guiding achieving goals collaboratively and effectively.

Effectiveness in leadership also requires skills in conflict resolution, making wise decisions and building trust within the team. Exceptional leaders continuously assess and adjust their style based on situational and individual needs. By adopting an adaptive approach and focusing on team well-being, a leader can create a positive, productive work environment and successfully achieve long-term goals.



Cr. Ir. KAZREN JUSRI BIN ABDUL KARIM KB.PA

- Certified Registered Counsellor
- Chartered Professional Engineer
- HRDCorp Industrial Trainer



- +6012 588 0881
- irkazren.com
- Madmin@ktas.my

PROFESSIONAL SUMMARY

 Dedicated Certified Registered Counsellor provides evdence-based treatments for industraial organisation psychology and mental health issues such as Depression, Anxiety, Bipolar and trauma-related conditions. Offering psychology assessments and psychotherapy to individuals and organisation utilizing a variety of evidence-based techniques such as Cognitive-Behavioural therapy, Psycho Analysis Therapy and Psycho Spiritual to help clients reach their emotion treatment goals. Offering industrial trainning by providing education, consultation and research services.



- PhD CANDIDATE
 PhD In Psychology & Counselling
 Universiti Pendidikan Sultan Idris
 (UPSI)
- MASTER DEGREE
 Master In Psychology & Counselling
 Universiti Islam Antarabangsa
 Sultan Abdul Halim Mu'adzam Shah
 (UniSHAMS)
- DEGREE
 Bachelor In Mechanical Engineering
 Universiti Teknologi Malaysia (UTM)
- PROFESSIONAL SKILL
- Conducting psychological assessments and tests
- Evaluating organization mental and emotional states
- Developing treatment plans for organization
- Providing psychotherapy and counselling services
- Developing and implementing interventions
- Formulate and implements training programs



EDUCATION MODULE

CORPORATE PARTNER

() EMOTION GROWTH

- Emotional Inteligence For Performance Excellence
- Emotional First Aid
- The Power Of Self-Healing

LEADERSHIP

- Power Of Adaptibility For Job Perfomance
- Decision Making For Peak
 Job Performance
- Resilience And Conflict
 Management For Leader
- Vision And Strategic
 Thinking The Secret To
 Boosting Job Performance

PERSONAL GROWTH

- Professional Negotiation
 Development Skill
- Professional Art of Communication Development Skill
- Self-Care For Therapist & Social Helper















































































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irkazren.com / 012 -588 0881 / admin@ktas.my